

Biography for Sabeena Shaikh

I was born and raised in New York and moved to Houston, TX right before high school. After graduating I began my undergraduate studies at the University of Texas at Austin. I am currently pursuing a dual degree, a B.S. in Public Health and a B.A. in Asian Cultures and Languages. I am a part of the Hindi Urdu Flagship, the only one of its kind in the nation. I plan on pursuing medical school in the future and taking the globalized skills I obtain through my language study in order to strengthen the bonds between South Asia and the United States.

I will be studying abroad in northern India through the Hindi Urdu Flagship next year during which I will intern in a hospital and with an NGO. I have helped create an organization at my college campus called HAPSA, Health Awareness Programs in South Asia. Basically, we make basic medical workshops that we implement in marginalized communities all over the subcontinent. Most of these workshops teach basic health awareness about infectious diseases, tobacco and alcohol, as well as sex education. We have already successfully implemented several workshops and next year I will be teaching the workshops during my stay.