Survivor recalls the Holocaust during APG ceremony

By RACHEL PONDER

The U.S. Army Research Laboratory and Team APL hosted the annual observance of the Holocaust during the annual Days of Remembrance ceremony at the post theater April 16.

Sam Ponczak, a holocaust survivor, shared the story of his family’s journey during World War II. When World War II broke out in 1939, Ponczak and his mother escaped the Nazis and joined Ponczak’s father who at the time lived in the eastern part of Poland which was then occupied by the Soviets. Ponczak and his mother tried to escape but were caught by Soviet patrols. Eventually they were reunited with his father and were placed in a labor camp in Siberia, where Ponczak’s mother and father worked in clothing factories serving military coats for the Soviet army which was engaged in war against Germany.

After refusing to accept the Soviet offer of citizenship, Ponczak’s family was able to return to Poland at the end of the war. No living relatives were found in Poland after the Family’s return from Russia.

Ponczak said that even after the war his family had to be on the move. Due to a communist government supported wave of anti-Semitism, in 1957 Ponczak and his Family left Poland, and lived in Paris until 1959, when they moved into a small apartment near their living relatives were found in Poland after the war. No living relatives were found in Poland after the Family’s return from Russia.

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Natick employees endure Boston Marathon tragedy

By BOB REINERT
Home News/Pacific

April 22—It was a day of triumph and tears for the Natick Marathon Team. They were running just as they did every year, but this year their run was more than a race. It was a time to remember the sacrifices of those who lost their lives in the Boston Marathon.

Shivaun Pacitto, the center of the Natick Marathon Team, was among the runners who lost their lives. She was the first runner to cross the finish line, setting a new record. Her husband, Gary Pacitto, rallied the team to continue running and honor her memory.

In addition to Pacitto, the team also included Maj. Gordon Wilson, Maj. Jeffrey Marston, and Maj. Rachel Pacitto. They all ran in memory of those who lost their lives in the Boston Marathon.

The team's dedication was evident as they ran the full 26.2 miles, raising awareness for the importance of remembering those who lost their lives.

In the end, the team was able to cross the finish line, completing the marathon in honor of those who lost their lives in the Boston Marathon.

This year, the Natick Marathon Team chose to honor the victims of the tragedy by running the marathon in their memory. The team's dedication and sacrifice will not be forgotten.

APG News

Why should we celebrate the Month of the Military Child?

By Jody Owens

April 25—April 30 is the Month of the Military Child; a time to recognize and celebrate the sacrifices and challenges faced by military children.

Military children are often called "movers" because they are always changing schools, adjusting to new environments, and facing many sacrifices.

We celebrate all of our children (at Child Development Centers or military Base schools) during Month of the Military Child. It is a time to remember that our children deserve recognition for all the sacrifices they face.

In the midst of this terrible tragedy, we saw the strength and inherent goodness of people. We saw the many good people who risked their own safety and came to the aid of the injured. We saw the strength and inherent goodness of people.

Military children sometimes get overlooked, but they deserve recognition for all the sacrifices they face.

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Thurs April 25

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More than 500 visitors got a peek at the latest in information technology and office innovations during the 2013 Spring Technology Expo at the APG North (Aberdeen) recreation center, April 17.

The U.S. Army Edgewood Chemical Biological Center/Corporate Information Office and Federal Direct Access co-host the bi-annual events commonly referred to as “Tech Expos” in the spring and fall. The Full Technology Expo is set for Wednesday, Oct. 23. Check the APG News and APG social media outlets for updates.

The expo consisted of 70 vendor displays in the center hallway and complimentary refreshments and entertainment. For the first time, the Tech Expo offered technical training sessions for guests. Held in the center’s classrooms, the sessions, supported by five IT businesses and taught by their subject-matter experts, offered APG employees technical solutions relevant to challenges they might face while supporting their missions.

Donna Flemister of FDMAE said the training sessions were designed to make the show a more complete package.

“The APG community supports the expo year after year,” she said. “We’ll always look at ways to add more to this show and we’ll continue to look at other ways to give back to this community.”


At the Monster Government Solutions display, Strategic Account Manager Jim Rose said the company, a branch of Monster.com, drew heavy interest.

“We’ve not a high-tech company but we specialize in adding people to the workforce of federal and government agencies,” he said. “We work closely with veterans,” he said. “The biggest advantage is we have the largest database of resources, data and software specifically for government applications.”

APG employees Donna Orlando and Sue Schoch of PEO C3T said they attend the expos every year out of curiosity.

“We just like to look at the new products they have out,” Orlando said. “And we get business cards and references for the future;” added Schoch. “So next year we have a place to start.”

Participating organizations in the 2013 Spring Technology Expo included: Agilent Technologies; Allied Electronics; Autodesk; Avocent Emerson Network Power; A VS Installations; Blind Industries & Services of MD; Bottom Line Technologies; Brandywine Communications; Control Cable Inc.; Curtis Industries; Dassault Systèmes SolidWorks; Dell Inc.; Delmarva Engineering; Drexel University’s Eagle Sales; Eastern Instrumentation of Philadelphia; Easton Wright Line; ECS Case; EMC; EPS Corp; Fiber Instrument Sales; Getac Inc.; GomEx3D; Graybar; HCIG; HP Enterprise Group; Internet Government; Iron Bow Technologies; IW Microwave Products Inc.; JFW Industries; Johnson Controls Federal Systems; Luxmark; Liebert Maryland; Maxxibl; Megaplane; MRZ Marketing; Monster Government Solutions; Motorola Solutions; National Instruments; NCS Technologies; Nelson White Systems; Newark; Palo Alto Networks; Panduit; Plantronics; Plug-and-Store Systems; Raytheon; RBJ Spectrum; R.L. Engineering; Rohde Schwarz; Schneider Electric; SRS Spectrum; Sparanet Federal; SRC Inc; STG Inc.; St. John Properties; SwishData; System Source; Techni-Tool; Tektronix; Tequip-ment Sales; Tektronix; VMware, and Xerox.
Annie Hite is the facility director at the Bayside Child Development Center located on APG North. Hite oversees the daily operation of the center, ensuring that all Department of the Army standards are met and overseeing the development and implementation of the center's curriculum and activities. Hite holds a Bachelor of Arts degree in Sociology, and an Associate Degree in Child and Human Services.

Hite said although the Bayside CDC opened in March 2012, it is almost at maximum capacity. The center offers full-time child care for children 6 weeks to kindergarten age. The Strong Beginnings Pre-K program provides children with a rich stimulating environment where children can develop motor, cognitive, social and emotional skills through balance of exploration and planned curriculum. Learning activities are designed to support the natural development of children and include individual, small group and large group activities.

Hite said that her favorite part of her job is interacting with the children. “After a long day of meetings and paperwork I can go to the classroom and always get big smiles and even some hugs from the children,” she said. “The sound of children laughing always brings a smile to my face.”

Hite previously served as a facility director at CDC at Fort Shafter. She holds a Bachelor of Arts degree in Sociology, and an Associate Degree in Human Services. The Bayside CDC is located at 2521 Bayside Drive. Information about Child Youth and School Service programs can be found at www.apgmwr.com/family/youth_services.html.

Senior Leadership COHORT 5 program commences at Aberdeen Proving Ground

By MARISSA ANDERSON
CECOM Public Affairs

Thirty senior leaders from 13 different organizations across Aberdeen Proving Ground gathered at the Mission Training Facility on the C4ISR campus April 3, to kick off the “COHORT 5” senior leadership training program. The COHORT is an 11-month training program targeted at the GS-14/15 grade level designed to cultivate future APG leaders towards a self-sustaining and collaborative management environment.

Gary Martin, deputy to the command general of the U.S. Army Communications-Electronics Command and lead champion of the COHORT, explained how the program is aligned with the standards set by the Office of Personnel Management.

“The APG senior leader COHORT program is focused on developing and enhancing the leadership competencies of our civilian leaders across the installation. Fundamental to the program is our partnership with OPM and the use of the SES Executive Core Qualifications as a basis for the key learning objectives. We have also included building partnership capabilities across the APG Community as a key element of the program,” Martin said.

The program allows students to develop and broaden their leadership capacity while working on the job. “After a long day of meetings and paperwork I can go to the classroom and always get big smiles and even some hugs from the children,” she said. “The sound of children laughing always brings a smile to my face.”

Robert Devlin, one of the COHORT’s facilitators, described how students would evolve their professional mindset from management executive to self-sustaining leader. Devlin stated that students would “…learn through real projects, real issues and real experience.”

The main tenets of the program include a curriculum with a focus on leadership styles and impacts, involvement with community based projects, one on one coaching sessions from senior executive service members, reflective, collaborative discourse among students, and an office visit to the Gettysburg Battle Field and Army War College. Participants in the COHORT program convene for approximately three days of sessions each month.

Due to the current environment of constrained fiscal resources, the class size was reduced from 60 to 30 participants. Martin stressed that the quality and detail of the program would not be impacted and that building leadership collaboration throughout APG and the Army is more important than ever.

“Based on what I have observed to date, this program is helping lay the foundation for increasing the quality and capacity of leadership at APG,” he said. Participants who successfully complete the course will graduate the program in February 2014.

Hite said that her favorite part of her job is interacting with the children. “After a long day of meetings and paperwork I can go to the classroom and always get big smiles and even some hugs from the children,” she said. “The sound of children laughing always brings a smile to my face.”

Hite previously served as a facility director at CDC at Fort Shafter. She holds a Bachelor of Arts degree in Sociology, and an Associate Degree in Human Services. The Bayside CDC is located at 2521 Bayside Drive. For more information contact the center at 410-278-4683, or e-mail Hite at annie.r.hite.naf@mail.mil. Information about Child Youth and School Service programs can be found at www.apgmwr.com/family/youth_services.html.

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Survivors honored with designated parking

One of the new Survivor Outreach Services parking signs for survivors outside the APG North (Aberdeen) recreation center lets drivers know that space is designated for Families of the Fallen. In accordance with OPORD 13-098: “Designated Parking for Families of the Fallen,” the APG Garrison’s Directorate of Public Works erected more signs around the installation for members of its large survivor community. Look for survivor-designated parking spaces at Kirk U.S. Army Health Clinic; Army Community Service; the Casualty Assistance Office; APG North and South chapels and recreation centers; Garrison headquarters, Bldg. 305; and all the office of the Installation Commander, Bldg. 6002. “The intent is to honor and recognize the sacrifice of Family members who have lost a loved one in military service by providing designated parking for Families of the Fallen,” said Annette Sanders-Nash, APG Survivor Outreach Services coordinator. “The approved 12x18-inch parking signs will serve as a method to promote awareness and educate the military community on Families of the Fallen.”
THE Susquehanna Chapter of the MG Warren D. Hodges Armory, in collaboration with the MG Warren D. Hodges Armory, invites you to attend our Stress and edHealthcare Vision. Screenings and Eye Health and Well-

THURSDAY MAY 23 WOMEN AND INVESTING
The Maryland Center for Veterans Education and Training will host the 18th Annual 5/10K races Memorial Day Weekend, 7:30 a.m. and 8:30 a.m. starting at the MG Warren D. Hodges Armory, near City Hall in Baltimore. Awarding of trophies will be given to the top three winners by age group. All registered runners will receive a participation certificate. The proceeds will be provided. Race entry fee is $30.00 per 5K race or $35.00 per 10K race. Proceeds through City Charm Run event con- with the American Optometric Association, America’s Army & Navy, and the annual reunion in Columbus, Ohio, to meet with CMU representatives on May 23rd from 1:00-3:00 p.m.

THURSDAY MAY 24 NATIONAL ANTHEM, INVOCATION, AND THE MG Warren D. Hodges Armory, invites you to attend our Stress and
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thursday may 13 armed forces day golf tournament
Attention Golfers! What can be better than enjoying our Armed Forces day and enjoying a day on the Links? Join us on Thursday, May 16th at 9:00 a.m.

historical appreciation, and become a more wellrounded citizen.

In order to maximize your retirement income, you should make good decisions is imperative to maximize

DROP OFF UNUSED, UNEXPIRED, AND EXPired MEDICINE

THURSDAY MAY 24 VETERANS DAY GOLF TOURNAMENT - 18TH ANNUAL
The Maryland Center for Veterans Education and Training will host the 18th Annual 5/10K races Memorial Day Weekend, 7:30 a.m. and 8:30 a.m. starting at the MG Warren D. Hodges Armory, near City Hall in Baltimore. Awarding of trophies will be given to the top three winners by age group. All registered runners will receive a participation certificate. The proceeds will be provided. Race entry fee is $30.00 per 5K race or $35.00 per 10K race. Proceeds through City Charm Run event con- with the American Optometric Association, America’s Army & Navy, and the annual reunion in Columbus, Ohio, to meet with CMU representatives on May 23rd from 1:00-3:00 p.m.

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For more information, contact 410-436-5300.

THURSDAY MAY 15 ARMED FORCES DAY
The Susquehanna Chapter of the MG Warren D. Hodges Armory, in collaboration with the MG Warren D. Hodges Armory, invites you to attend our Stress and edHealthcare Vision. Screenings and Eye Health and Well-
Safeguarding Md and APG in time of discount espionage

By JAMES R. LINT AND JOAN K. FERGUSON GEO/MD

Maryland has one of the highest concentrations of federal government employees; almost one in five Maryland workers are employed by the federal government. Seventy of the top 100 federal contractors operate in Maryland. Seventy of the top federal contractors operate in Maryland. Aberdeen Proving Ground is no exception to due its research, development and testing activities. Washington, D.C., which is less than an hour away, has one of the largest concentrations of Foreign Intelligence Entities (FIE), also known as espionage agents or spies. Understandably, it’s no surprise that FIE targeting APG. With the wealth of technological and the treasure of human capital working projects at APG it is obvious that any competent intelligence service would target APG.

Training and awareness efforts are clearly articulated under U.S. Army Regulation 360-22, Threat Assessment and Reporting Program (TARP). Formerly known as Special Access and Espionage Directed Against the U.S. Army (SADAA), TARP outlines the policy and responsibilities for threat awareness and reporting with in the U.S. Army. Specifically, it requires the Department of the Army personnel to report to Army Counterintelligence any information regarding known or suspected espionage, international terrorism, sabotage, subversion, theft or illegal diversion of military technology, information system intrusions, and unauthorized disclosure of classified information, computer equipment or classified information; or classified information as security and espionage concerns.

As accurate and apropos as the adage that any competent intelligence service would target APG is the reality that foreign spies and technology specialists target the Department of the Army personnel. The Aberdeen Proving Ground is no exception due to its research, development and testing activities. The Certainty of Good Targeting in an Espionage Operation. It is up to each of us to protect one another, and watch for signs indicating the possibility of espionage.

The Three Elements of Good Targeting in an Espionage Operation

Another element to recruitment can include exploiting personal feelings of dissatisfaction, anger, frustration and disappointment. These sentiments can be quite large and unexplained affluence, or lifestyle inconsistent with one’s occupation, or manifested in areas such as actions to detect physical surveillance, searching for listening devices or cameras, and leaving copies of espionage and counterintelligence efforts.

Catch More Flies with Honey

With the current fiscal uncertainty, there are many U.S. citizens who will be disgruntled, with money troubles, and have a security clearance. It is a lucky time to be a foreign intelligence officer targeting Americans. It is up to each of us to protect one another, and watch for signs indicating the possibility of espionage.

The Certainty of Maybe Not Today

Accurate and apropos as the adage "if you play with fire you will get burned", it is realistic to plan that if you commit espionage you will be caught. Former FBI counterintelligence agent convicted spy, David Sheldon Boone's 24 year and one day sentence for espionage on behalf of the former Soviet Union is proof. Boone was arrested following a successful sting operation performed by the FBI in 1999 that was supported in large part by Army counterintelligence efforts. According to press reports at the time, Boone decided to become a Soviet spy in order to alleviate "severe financial and personal difficulties."

Remaining True to the Core Values

The U.S. Army has a series of important programs that are there to take care of our people and yet often go underutilized. The Army Community Services, Employee Assistance Programs, and organization charts are there to serve those who serve. Financial counseling and assistance is also available. Your Army, as well as those that lead it are ready, willing, and able to do their part. Your responsibility remains to be vigilant, help your fellow Soldier and office workers. It is one Army and one team, and we are dependent on that more today than ever before.

Espionage Indicators

Disgruntlement with the U.S. Government;

Any statement that suggests conflicting loyalties may affect material or classified protection of sensitive information;

Active attempts to encourage others to violate laws or disobey security policies and procedures;

Attempts to become a member of, or provide membership in, any group which advocates the use of force or violence to cause political change within the U.S., has been identified as a front group for foreign interest; or advocates loyalists to foreign influence;

Requests to obtain or facilitate access to classified materials or information;

Unauthorized removal or attempts to remove unclassified, classified, export-controlled, proprietary, or other protected information from any location;

Working odd hours without approval or no logical reason;

Unexplained absence, or style inconsistent with known reason;

Joking or bragging about working for a foreign intelligence agency;

Behavior indicating that one is being investigated, watched, or as access to detect physical surveillance, searching for listening devices or cameras, and leaving copies of espionage efforts.

Any part-time employment or other outside activities that may create a conflict of interest with one’s official duties.

Behavior and actions that protect classified or sensitive but unclassified material.
Adaptive sports boost wounded warriors’ confidence

By SANDY GIBSON
US Army Staff and Evaluation Coordinator

Personal courage has long been associated with our soldiers. For many our soldiers exemplify the truest meaning of personal courage — sacrifice which is often done without thinking. Our Soldiers can be of the least resistance, it sometimes makes the outcome uncertain. While having the courage to stand our ground in the face of danger or adversity may be a long, slow and painful process to the correct contracts team as quickly as possible for processing. This may not be adequate for complex procurement packages.

“Participation in athletic reconditioning activities can help curtail these sentiments. He was among the many wounded warriors at the recent lacrosse clinic. “This is the clinic. “To get out here and do this, you are like a nut (cra-

There are many wounded warriors at the recent lacrosse clinic. “This is the clinic. “To get out here and do this, you are like a nut (crazy), like I do to the adaptive sports because each one of them has something else it works on [physically]. Karpf also regularly participates in adaptive sled hockey and is currently training for a triathlon. The sergeant, who lost his left leg in June 2012 after stepping on an improvised explosive device, said he encourages others to participate in adaptive sports because it has helped in his recovery, made him feel empowered and mentally.

During the adaptive sports programs, service members have the opportunity to learn from experienced sports professionals, who actively volunteer to help teach the service members. Professional Lacrosse player Ryan Magill, who plays for the Ohio Machine, as well as Brooks Sing-

For more information about the pro-

http://warriorscare.dodlive.mil/
Pittard’s crusade against the supple- ment industry began in 2011, when two Fort Bliss Soldiers, Pfc. Michael Sargent and Spc. Dominick Costa, died of heart failure during physical training. Their autopsies revealed that DMAA was a caus- ing factor in their deaths.

In July 2012, another Fort Bliss Sol- dier, Spc. David Artis, died of heart attack during physical fitness training. His death also was linked to DMAA use.

Pittard, who initiated a campaign to reduce suicides and other preventable deaths on a Fort Bliss, immedi- ately demanded that products containing DMAA be removed from the shelves of a commercial vitamin outlet on the post. It was an unprovoked move, he told reporters today, raising the ire of the Fort Bliss communities, questions from some Army leaders, and criticism from manu- facturers of supplement products.

“Regardless, we stood firm in the face of that criticism,” Pittard said. “We felt it was the right thing to do for our Soldiers.”

The pushback, he said, actually strengthened the resolve at Fort Bliss to take the fight beyond the installation’s gates. Partnering with the Consortium for Health and Military Performance and the Pentagon’s Department of Military and Emergency Medicine, Pittard had them set their eye on enrolling DMAA prod- ucts across not only the Army, but also the entire Defense Department.

This unified campaign opened the Army to ban supplements containing DMAA from all installations in March 2012. Four months later, the Defense Department fol- lowed suit, banning them from all U.S. installations. In the next promoting develop- ment, the FDA issued an advisory last week warning consumers not to buy supple- ments containing DMAA.

But the biggest victory, Pittard said, was the decision by USPlabs, the manu- facturer of Jack3d, to stop using DMAA in its products.

“Yesterday’s action by USPlabs real- izes the longstanding, and sometimes deadly, folly of the industry on this issue,” he said.

Pittard noted that thanks to the Army and Air Force Exchange Service and Army and DOD leadership, DMAA is on the way to becoming a thing of the past. He acknowledged that it took courage to collectively stand up to powerful drug companies and other who resisted their efforts.

“And we believe this will now count- less lives in the future,” he said.

Continued from Page 1

Survivor shares story with APG

Drill Team

From left) Military Youth Corps Freestate ChalleNGe Academy Cadet Ivae Brown and Rabbi Gilla Ruskin, from the Temple Adas Shalom, look on as Cadet Ivae Brown throws a lighted candle in remembrance for the Boston Marathon bombing that took place the previous day.

“Help us to banish hatred and its destructive power,” Ruskin prayed. “Yesterday once again we saw what hatred can do – blood, destruction, fear, sorrow, anger. Give us the patience and hard work to find a way to make peace among people. Give us the hope and the ability to find forgive- ness. Help us reach out toward each other and find nonvi- olent solutions to the conflicts that are inevitable between human beings.”

Commander stands up to industry giant

Continued from Page 1

Drillmaster Sgt. 1st Class C. Todd Pittard, who instituted a campaign to ban supplements containing DMAA from all installations in March 2012. Four months later, the Defense Department fol- lowed suit, banning them from all U.S. installations. In the next promoting develop- ment, the FDA issued an advisory last week warning consumers not to buy supple- ments containing DMAA.

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“We come together as a science and technology community and see what investments are necessary to better get Pentagon and Executive Office Managers the operational energy tools they need when they need them.”

The Army acknowledges energy and power challenges in its operation- al energy concept and strategy, beyond the Army there are partners that conduct cultural, policy and procedural concerns that leaders are addressing.

There are ongoing research initiatives within the Army to explore alternatives and technology improvements in order to offset long-standing issues, like depriv- ence, including 1090 HP to Fort Bliss lines, Carroll said.

This is what is within and beyond the Army there are partners that are pursuing research and pushing tech- nologies ahead together more smartly, he said.

At the Army, the future is a seamless ener- gy architecture that begins with con- cepts like SmartBED, Long-lived Power and changing the American people to keep our Army and the strength of the nation.

The American people to keep our Army and DOD Energy and Power Community of Interest and the Interagency Advanced Power Group that explore complimentary ways of addressing energy and power technologies and reduce duplicated efforts, including the DOD Energy and Power Community of Interest and the Interagency Advanced Power Group that includes agencies like the Department of Energy and NASA.

These communities are comprised of scientists, engineers, subject matter experts, technologists and program man- agers with a common interest in pro- moting innovative energy and power solutions for the nation.

We have to think Soldiers would be able to link up to the power they need. It will ultimately become complex issues together — generation, solar systems and energy storage – in a flexible, resilient way into an energy net- work,” said Carroll, who retired from the Navy as a nuclear propulsion engineer before coming to ARL. The essence of SmartBED is being able to get energy seamlessly and when you need it and don’t want it,” Shaffer said. “Currently, we waste energy and it limits availability because

Continued from Page 1

Survivor shares story with APG

Drill Team

Continued from Page 1

The French police forced the Family to leave. Ponczak’s Family then went to live in Argentina until 1964.

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Ponczak said that she feels that she has to share her story with the world, to educate and help prevent other acts of violence and prejudice.

Ponczak added that she strongly believes that no one should let their feelings stop them from helping innocent bystanders to fallacy.

Ruskin also included a prayer and candle lighting by Rabbi Gilla Ruskin, from the Temple Adas Shalom, with assistance from cadets from the Military Youth Corps Freestate ChalleNGe Academy. The ceremony was in remembrance and in honor of those whose lives were affected by the Holocaust. Ruskin asked the audience to also remember the victims of the Boston Marathon bombings that took place the previous day.

“Help us to banish hatred and its destructive power,” Ruskin said. “Yesterday once again we saw what hatred can do – blood, destruction, fear, sorrow, anger. Give us the patience and hard work to find a way to make peace among people. Give us the hope and the ability to find forgive- ness. Help us reach out toward each other and find nonvi- olent solutions to the conflicts that are inevitable between human beings.”

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Arl works to get energy when, where needed

Continued from Page 1

area being shaped. It is what is required to meet needs and missions, weap- ons, and equipment for military opera- tions. It accounts for 75 percent of all energy used by DOD in 2009, according to the Energy website for DOD.

It was in May 2011, when the Assis- tant Secretary of Defense for Operative- al Energy, Plans and Programs defined an operational energy as “any energy that is to develop something that could be valuable to Soldiers 15 to 20 years from now – based on what we know today,” said Dr. Paul Shaffer, a retired expert in areas like electrochemistry is “informing the way forward for other technologies,” he said.

In the recent past, ARL electrochem- ists have made a way to increase the duration of high-energy batteries with an electrolyte, a way to increase the performance, in areas they are thinking about high-efficiency, mini- mize power supplies that could give small, unmanned systems bursts of pow- er “on-demand.” Shaffer said.

“Technology is ever changing,” he said.

The basic research at the labora- tory will now help the Army to be better in the next conflict, said John Car- roll, acting officer in-charge, U.S. Army Research, Develop- ment and Engineer- ing Command, mat- ter “on-demand,” Shaffer said.

“SmartBED is one way we think Sol- diers would be able to link up to the power they need. It will ultimately become complex issues together — generation, solar systems and energy storage – in a flexible, resilient way into an energy net- work,” said Carroll, who retired from the Navy as a nuclear propulsion engineer before coming to ARL. The essence of SmartBED is being able to get energy seamlessly and when you need it and don’t want it,” Shaffer said. “Currently, we waste energy and it limits availability because
APG SNAPSHOT

A peek at the events making news in and around U.S. Army Garrison Aberdeen Proving Ground. For complete photo coverage, visit http://www.flickr.com/photos/usagapg/.

SELF DEFENSE
(From left) Police Lt. Khalid Mustafaa of Joint Base Myer-Henderson Hall and Garrison’s 1st Lt. Raisa Velez and Kate Aichroth through self-defense techniques during a Self Defense Class – part of the Self Empowerment Seminar for Sexual Assault Awareness Month – at the Main Post Chapel April 23. Mustafaa, the husband of HHC Garrison Commander Capt. Maritzabel Mustafaa, and JBMHH police officer Ron Foster showed male and female Soldiers and civilians “a few simple strategies to help them get away” from an attacker. “Get rid of the misconception that a woman can’t overpower a man,” Mustafaa said, while warning listeners that the techniques can’t be mastered after practice. He said that attackers look for “vulnerabilities” such as lone females who are distracted, in low lighting with bags in their hands, for example. “If you’re preoccupied looking for your keys you’re not thinking about an attack,” he said. “The best defense is to pay attention to your surroundings and not make yourself a target.”

SEX SIGNALS PERFORMANCE
(From left) Annie Rix and John Mallory of Catharsis Productions act through a skit during the Sex Signals presentation at the Post Theater April 18. The show, held in conjunction with other Sexual Assault Awareness Month activities, featured adult situations relating to male and female misconceptions regarding intimacy.

CDC VISITS THE COMMISSARY
Angela Lang, a registered dietitian from Kirk U.S. Army Health Clinic, talks to children about the importance of eating fruits and vegetables during the APG North (Aberdeen) Child Development Center visit to the APG Commissary April 22. The children learned different exercises from the commissary staff and Military Produce Group employees.

MISS MARYLAND TEEN USA VISITS APG YOUTH
(From left) Miss Maryland Teen USA Hannah Brewer shows Tori Dolzine her sash while being held by CDC Facility Director Donna Jacobs during a visit to the APG South (Edgewood) Child Development Center April 22. Brewer also visited the APG South youth center and read a book called “Little C.H.A.M.P.S. (Child Heroes Attached to Military Personnel)” to children. Brewer is a national spokesperson for the American Heart Association to benefit the military. Brewer will compete for the title of Miss Teen USA in the Bahamas in July. Brewer plans to go to Carroll Community College in the fall and wants to pursue a career in broadcast journalism.

FUN WITH SCIENCE
Child Development Center employees show children how to make a “volcano” using soda and mints April 17. The APG North (Aberdeen) CDC had a number of special science activities April 15-19 in honor of Month of the Military Child.

Eat Lots Of Fruits & Vegetables

Photo by Rachel Ponder

Photo by Yvonne Johnson

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